

The Emergency Food Assistance Program (TEFAP)

What is TEFAP?

The Emergency Food Assistance Program (TEFAP) helps supplement the diets of low-income families by providing them with emergency food assistance at no cost. The United States Department of Agriculture (USDA) provides 100% American-grown foods to Food Bank of Alaska and their partners to distribute to people with incomes below a set level.

Example Food Items

Foods will vary from month to month based on what is available and distributed by the USDA and Food Bank of Alaska. Possible items include:

- Beans, dry
- Canned fruits
- Canned vegetables
- Canned meat
- Cereal
- Dried fruits
- Frozen fruits
- Frozen meats
- Juice
- Milk, dry
- Nuts
- Pasta
- Rice

For More Information

Southeast Alaska Food Bank
(907) 789-6184
sfpc@seafb.onmicrosoft.com
10020 Crazy Horse Dr
Juneau, AK 99801

This institution is an equal opportunity provider.

How do you qualify for TEFAP?

Have an income at or below the guidelines (see chart) AND / OR Already receiving benefits from the following:

- Food Stamps (SNAP)
- Temporary Assistance for Needy Families (TANF)
- Supplemental Security Income (SSI)
- Commodity Supplement Food Program (CSFP)
- National School Lunch Program or Free/Reduced Lunch

Household Size	Annual Income
1	\$56,430
2	\$76,620
3	\$96,810
4	\$117,000
5	\$137,190
6	\$157,380
7	\$177,570
8	\$197,760

Frequently Asked Questions

How can I apply for TEFAP?

You can learn more and apply for TEFAP at the Southeast Alaska Food Bank (10020 Crazy Horse Drive). You will need to give your name, household size, and household income, but no identification is required. Your application will be reviewed and approved promptly.

When and where can I pick up my TEFAP food?

Once approved, TEFAP participants can pick up food orders once per month. Boxes will be available for pick up at the Southeast Alaska Food Bank (10020 Crazy Horse Dr) every Thursday from 3:00 – 5:30 PM, except for holidays. You can choose which Thursday in the month you pick up your box, but you will only be able to pick up food once per calendar month.

What if I am busy at the designated pick-up time?

On your application, you can list the names of other people who can pick up the food for you. If someone else comes, they must already be listed on our form and must indicate the head of household name on the application at pick up. If you need other arrangements, you can reach out to Emma at [\(907\) 789-6184](tel:9077896184) or sfpc@seafb.onmicrosoft.com

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